

# DEVELOPING RESILIENT ORGANISATIONS

## THE CHALLENGE FOR COACHES, LEADERS & TRAINERS IN CURRENT TIMES

This unique and highly focused CPD conference will provide an opportunity to learn how to develop psychological toughness and resilience in individuals and in organisations.



Understand how development and coaching activity can impact on an individual's mind-set and develop that extra strength...or more importantly, **toughness** that enables them to achieve personal bests.

Recessions make for interesting if challenging times. They have a habit of sorting out the weak from the strong - it's the ultimate test.

We hear the squeals and cries of those who are suffering. It is also true that recessions come to an end. And it is often a surprise that those who succeed and prosper have done so exposed to exactly the same challenges and pressures that have felled others.

The difference can nearly always be explained through commitment, resilience, maintaining a positive outlook and confidence in your offering – mental toughness embraces all of this. And this can be, and usually is, capable of being learned by anyone.

### Key Note Speakers:

#### Dr Jim Knight, Director, Centre for Research on Learning, University of Kansas

Jim is the world's leading authority on instructional coaching. He developed a set of very accessible approaches which provide remarkable results. This is an opportunity to hear from the principal developer about those techniques. *"Jim is an entertaining and inspirational speaker keeping his audience focused with his presentational style throughout his session."* (Coaching Conference, 2011)

#### Dr Christian van Nieuwerburgh, Programme Leader, Coaching Psychology, UEL

Christian is uniquely well placed to provide a big picture perspective on current developments in coaching future direction. His presentation will address that.

#### Jenny Campbell, Director, lifetimeswork

Jenny is director of lifetimeswork and has been working as an executive coach since 2002. Her coaching experience spans senior leaders, groups and teams; she is known as an intuitive, professional and stretching coach. Jenny has a special interest in resilience of leaders and top teams and publishes research on the subject.

#### Dr Jonathan Passmore,

Jonathan is generally accepted as one of the leading authorities in coaching within the UK. Principal Editor and author of Kogan page's series of books on coaching, he is uniquely well placed to provide a big picture perspective on current developments in coaching future direction.

#### Dr Peter Clough, University of Hull

Globally the leading authority on the application of Mental Toughness across the whole spectrum of sectors – work, education, health, sports and social work. He has taken a concept widely used in sports to creating winning teams and individuals and made it accessible to all. His presentation will cover this in detail.

#### Doug Strycharczyk, Managing Director, AQR

Doug has worked with Peter since the mid-90s and has been instrumental in both developing the MTQ48 measure as well as spearheading its application into every sector where people and personality has an impact on performance, behaviour and wellbeing.

### Target Audience:

- ⊕ Coaches
- ⊕ Leaders
- ⊕ Trainers

...anyone who will find this Conference of interest

### Event Dates & Locations:

**April 13, 2012 – HULT International Business School, London**

**April 18, 2012 – Edinburgh Napier University, Edinburgh, Scotland**

**April 20, 2012 – Daresbury Park Hotel, Warrington**

**April 23, 2012 – Ford College, Loughborough**

**April 25, 2012 – Royal Welsh College of Music & Drama, Cardiff**

### Delegate Fee:

£150 + vat **Early bird** booking fee  
**£125 + vat** if booked before 31<sup>st</sup> January 2012

### Booking:

For further information or to book your place please contact **Monika**

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Any enquiries regarding sponsorship or **exhibition space** at this Conference please contact [monika@agr.co.uk](mailto:monika@agr.co.uk)